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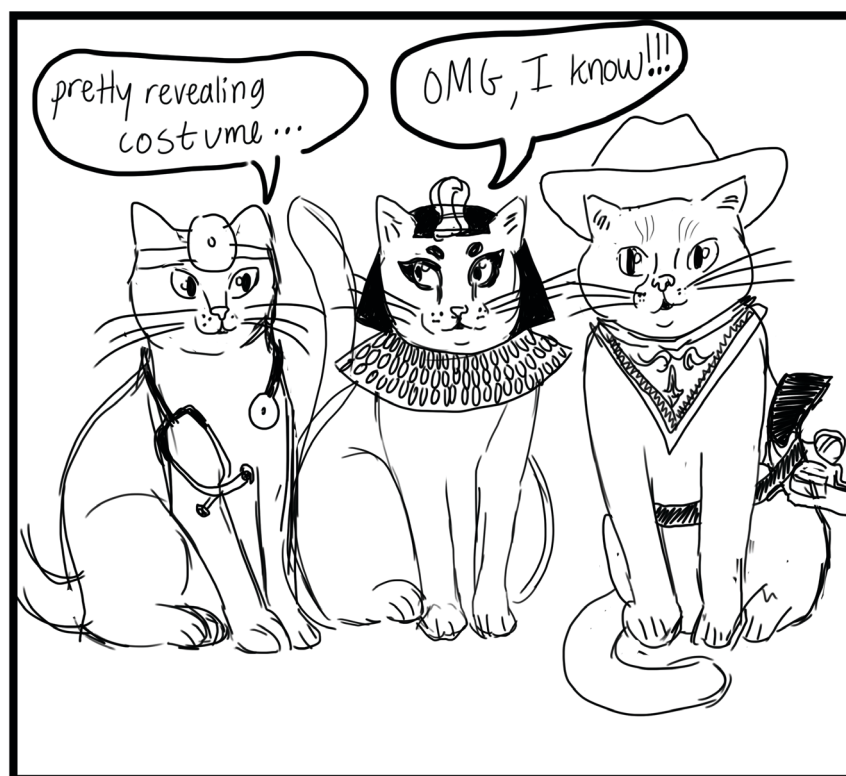
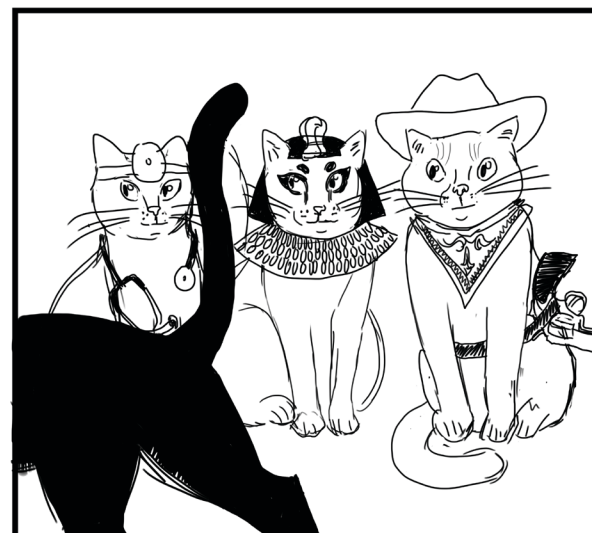
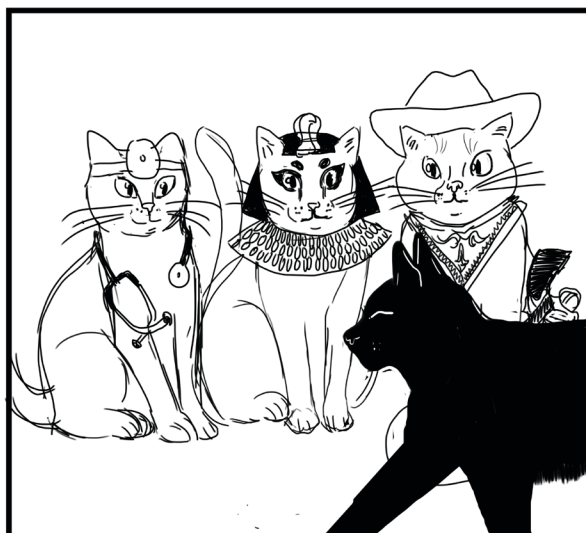
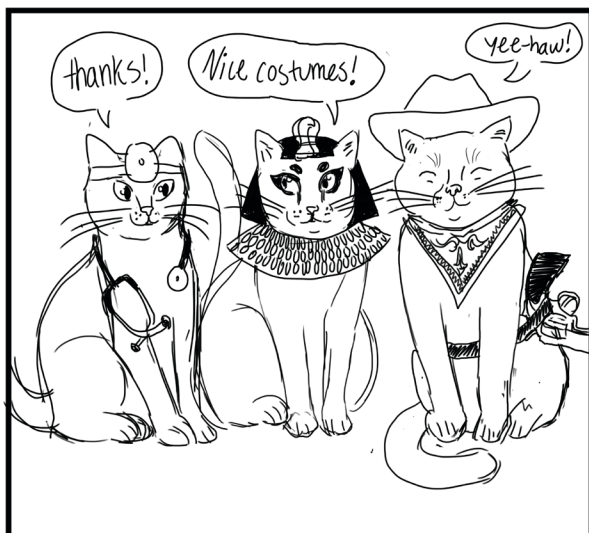
The history of



BOOO!

A look at Halloween's evolution

Catty comments



Comic by Janis McMath

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The Other Press has been Douglas College's student newspaper since 1976. Since 1978 we have been an autonomous publication, independent of the student union. We are a registered society under the Society Act of British Columbia, governed by an eight-person board of directors appointed by our staff. Our head office is located in the New Westminster campus.

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- Masks offer no protection to wearer
 - Who let the dogs in?
 - Online events quickly cementing themselves as the norm
- ...and more

COVID-19 update

› Masks offer no protection to wearer

Timothy Easling
Senior Columnist

It was another hard month for Canadians who have lost loved ones, but as more and more data becomes available, it has become clear that the general population is not in danger of dying or getting hospitalized. However, COVID-19 continues to be described as a risk to everyone by many outlets despite the fact that the vast majority of deaths are only those of advanced age and/or weakened states.

There is also a segment of the population that seems to believe masks protect them from the disease; this appears to be false. The American CDC recently released a study that revealed over 70 percent of the patients who had contracted COVID-19 in its study always wore a mask—effectively suggesting the claim of protection for the wearer invalid.

Getting to the data for the last few weeks, Canada saw 43,410 more cases since October 1 (until October 25) with 391 more deaths. Once again, the fatality figures were dominated by the most at-risk populations (elderly and already-sick/in long-term care). Of the 391 deaths, 377 (96.4 percent) were from the 60+ age bracket. The 50 to 59 age bracket suffered only 12 deaths and the 40 to 49 bracket had only 2 additional deaths. The only news better than the very low fatality figures for the previous two age brackets was the fact that there were zero deaths from October 1 until October 25 for the 0 to 39

age bracket—proving that COVID-19 is not a serious concern for those of good health and average age (or younger).

What some have called an alarming rise in case numbers can also be traced back to the strong youth population. Of the 43,410 additional cases over the last month or so, 24,241 (55.8 percent of new cases) have been from the 0 to 39 age bracket—again, with zero deaths. The 40 to 49 age bracket's two deaths came from 6,229 cases (14.3 percent) and the 50-59 age bracket's 12 deaths were from 5,788 cases (13.3 percent). The 60+ bracket suffered 96.4 percent of the deaths despite only seeing 16.5 percent of the total new cases.

The country's hospitalization and ICU admittance stats were similarly skewed towards the older end of the demographic with 66.5 percent (1,049 people) of hospitalizations and 68.5 percent (581 people) of ICU admittances from the 60+ age bracket. (NOTE: The rest of this section's percentages will relate to the total new cases for the age bracket—not the total number of cases.) Allowing for delays in reporting such stats, the 0 to 39 age bracket saw 161 people hospitalized and 185



Photo by Billy Bui

people admitted to the ICU for 0.7 percent and 0.8 percent of new cases respectively. The 40 to 49 age bracket observed 138 more hospitalizations and 66 more ICU admittances for 2.2 percent and 1 percent of new cases respectively. The 50 to 59 age bracket had 229 more hospitalizations and 34 ICU admittances for 4 percent and 0.6 percent of new cases respectively.

British Columbia itself saw 3,173 more cases since October 1 but only had to endure losing 18 lives. As Canadians continue to press through COVID-19, it is important to keep the death totals in perspective. As per the Canadian Cancer Society, 617 people are diagnosed and

228 people die of cancer every day. They estimate that there will be more than 225,000 new cases and more than 83,000 deaths in 2020. Cancer accounts for approximately 30 percent of all deaths in Canada. COVID-19, as awful as it is, has only seen a fraction of those deaths (9,726) while registering almost as many cases (201,582). The concern is especially relevant seeing as fears about COVID-19 and hospitals has caused a drastic drop in cancer screenings. The focus on COVID-19 has cost the population dearly—shifting attention from major medical issues that cannot be ignored such as these cancer screenings and surgeries.

Who let the dogs in?

› Vancouver city council unanimously votes to prevent 'no pets' clauses

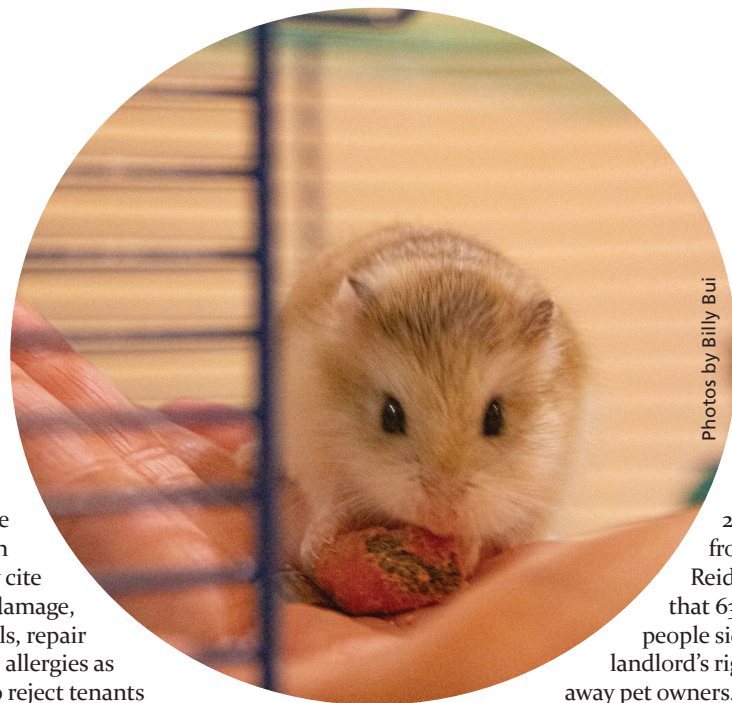
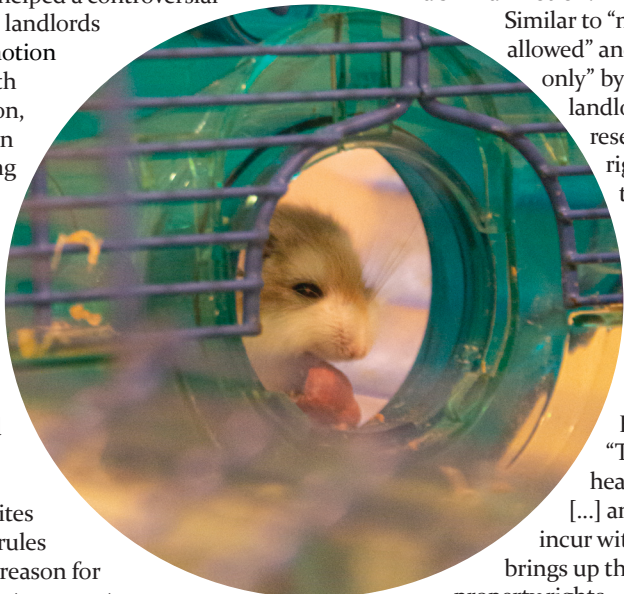
Janis McMath
Editor-in-Chief

COVID-19 might've helped a controversial motion preventing landlords in refusing pets. The motion cites poor mental health from pandemic isolation, exaggerated difficulty in finding suitable housing due to COVID-19, and success of a similar motion in Ontario as reasons to end all "no pets" policies. It emphasizes that this pandemic has been particularly hard on "seniors, under housed individuals, and those who live alone."

The motion also cites the BC SPCA on these rules being the number one reason for pet abandonment; about 1,500 pets are

abandoned yearly due to these policies. The Port Moody city council also unanimously voted in a similar motion.

Similar to "no kids allowed" and "adult-only" bylaws, landlords reserve the right to refuse tenants with pets. Many cite property damage, noise levels, repair costs, and allergies as reasons to reject tenants with pets. In an interview with CBC, LandlordBC CEO David Hutniak brought up these points: "The issue at the end of the day is health and safety for our other tenants [...] and the additional cost we invariably incur with damage to our units." He then brings up the need to think of the individual property rights.



Photos by Billy Bui

Studies have consistently shown the mental health benefits of owning a pet, but a 2018 survey from Angus Reid showed that 63 percent of people sided with the landlord's right to turn away pet owners. The same poll showed the difference in opinion for homeowners and renters; on the landlord's right to refuse, 70 percent of homeowners and 50 percent of renters sided with that right.

The motion ends with the council asking the mayor to advocate to the province in changing the "no pets" clause and for staff to help restrain the rights of landlords in rejecting pet owners.

What will Halloween look like Canada wide?

› BCCDC releases guidelines for trick-or-treating festivities



Illustration by Anastasia Simonovich

Jessica Berget
Assistant Editor

While some cities are deciding to cancel trick or treating completely this year, BC is still allowed to carry out everyone's favourite part of Halloween. With the holiday right around the corner, provinces' health and safety institutions are releasing guidelines for the candy collecting activity.

The BC Centre for Disease Control (BCCDC) released some rules for this year's celebrations. They recommend celebrating locally and less socially than previous years—with only about six people in each bubble—and warn against sharing snacks, drinks, "smokes, and tokes." They also

recommend standing outside to hand out candy so children don't touch the doors or doorbells, and using precautions when handing out candy, such as tongs, ensuring each piece is sealed and pre-packaged, and even making a "candy slide" to distribute the treats. As for decorations, they also recommend forgoing the fog machines which can induce coughing for some.

Meanwhile, Canada's Chief Public Health Officer Theresa Tam says indoor parties are a big no-no for this year's spooky celebrations, but trick or treating should be fine as long as physical distancing is maintained. New Brunswick will be expected to carry full out Halloween fun, complete with door-to-door candy distribution, but people participating are

recommended to still take precautions such as washing and sanitizing their hands. Some provinces, however, are not so lucky.

Quebec for instance will have much stricter regimens for Halloween fun. Premier Francois Legault announced that kids will have to celebrate with only their families for this holiday, not with friends. People handing out candy will also have to ensure they stay two metres away from the trick or treaters. He also emphasized that this Halloween will be only for kids as no parties should be organized.

Ontario's Medical Officer of Health David Williams recommends that children in Toronto, Ottawa, Peel, and York do not go out for treats this year, as these cities are COVID "hot

spots." The decision has been met with much criticism from disease experts who say the city could have come up with some fun and safe options. An infectious disease physician in Toronto, Dr. Andrew Morris, takes issue with the cancellation. "We've been telling everyone—I know I have—that if you want to have a low-risk activity, what you do is you have people socially distanced, outside, wearing masks, preferably not in crowded conditions. Cancelling such a low-risk activity won't make sense to kids. It doesn't make sense to adults; it certainly doesn't make sense to me. I'm really so disappointed," he said to *The Globe and Mail*.

Vancouver Startup Week and BC Tech Association bring people together amid COVID-19

› Online events quickly cementing themselves as the norm

Mo Hussain
Sports Reporter

One of the aspects of life that the coronavirus pandemic has significantly affected has been people's ability to network with one another in-person. This has caused many organizations who host in-person events to deal with a double-edged sword; a virtual experience doesn't quite replicate the in-person experience, but many could still feel very cautious about attending in-person events.

"Having spoken to a few people, I really had second thoughts about doing a meet-and-greet. It doesn't seem right to me," said Nick Rockel, editor-in-chief of BCBusiness magazine in an interview with

the *Other Press*, who has attended one small, socially distanced gathering amid the pandemic.

However, organizations like the BC Tech Association and Vancouver Startup Week have somehow found new ways to pivot in such times.

"When the COVID-19 pandemic hit in March, we saw opportunities to bring the community together like never before," said President and CEO of the BC Tech Association Jill Tipping in an interview with the *Other Press*.

"We supplemented our enhanced social media channels and weekly newsletters by initiating weekly virtual town halls. This enabled participants from across BC to learn about relevant government updates, discuss how the

programming impacts their business, receive guidance from thought leaders, and ask questions about the resources available to them. It was a way to come together, stay connected, and solve problems," she said.

Tipping also said the organization launched programs such as HyperTalent, HyperTech, HyperGrowth, HyperScale, and HyperGlobal in order to help ensure support for tech companies and companies looking to adopt technology.

In early October, Vancouver Startup Week wrapped up their annual weeklong event entirely on a virtual event platform called "hopin," which gave a good opportunity for those outside of Vancouver to attend.

"Minus Antarctica, we have one (attendee) from every continent coming to

startup week—which would never happen had we done a fully in-person event," said co-chair of Vancouver Startup Week, Vivian Chan in an interview with the *Other Press*.

Chan also said that some global participants attended because they were considering moving to Vancouver and wanted to get a sense of the environment that the city brings and who they could potentially network with should they make that decision.

It will be interesting to see if transitioning to virtual networking and virtual events will completely overtake the in-person event and networking experience in the coming years.

- Whitecaps keep their playoff hopes alive
 - Abbotsford star gets off to tremendous start in the NFL
 - Some 'scary' sports moments
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Some 'scary' sports moments

› Sometimes it is not a 'treat' to watch sports

Brandon Yip
Senior Columnist

October usually is the month when professional sports leagues in North America have started their seasons: the NHL, NBA, and NFL are playing games to the delight of sports fans and the MLB and MLS are in playoff mode. However, the year 2020 has changed our world significantly and professional sports are not immune. Many professional leagues have altered their regular schedules by revising them to be shorter or shortened and played in isolated bubbles. But perhaps in some strange way, the pandemic appears to be very appropriate and "normal" for the tradition of Halloween.

Many sports events have occurred during Halloween, and there have been some "spooky" and "scary" moments in the sports world. Here is a look back at some of the weirdest and strangest moments (albeit some did not occur on Halloween but they are very appropriate for the occasion).

Horror on the ice

In March 1989, Clint Malarchuk, goaltender for the Buffalo Sabres, was involved in one of the scariest incidents in NHL history. In a game at the Buffalo Auditorium (no longer exists), Malarchuk was involved in a collision with St. Louis Blues defenseman, Steve Tuttle. Tuttle accidentally skated over Malarchuk's neck, partially severing his jugular vein. Blood



Photo by Arnaldo Fragozo

was spurting everywhere; some fans seated in the front row fainted. Television cameras veered away from Malarchuk bleeding. Fortunately, Malarchuk survived the incident, mainly due to the Sabres' trainer Jim Pizzutelli, a Vietnam War veteran—who was able to reduce the bleeding.

Vampire on the soccer pitch

International Uruguayan soccer player, Luis Suarez, is known for scoring with his feet. But during the 2014 FIFA World Cup, his teeth took precedent over his feet

when he got the munchies of the human kind—and bit an opposing player. During a group match between Uruguay and Italy, Suarez and Italian defender Giorgio Chiellini collided, with Suarez then biting Chiellini—leaving marks. Oddly, the bite marks were clearly visible, yet FIFA took two days to make a decision about the incident. FIFA would ban Suarez for nine international matches (included the remainder of the World Cup). Safe to say, Suarez probably was not invited to any team dinners—even if there was food!

Canucks in 1984 were scary to watch

The Vancouver Canucks in the 1980s were a struggling team, and loyal fans had difficulty watching them lose game after game. The Pacific Coliseum was usually half-empty for Canuck home games as the team kept losing. It seemed fitting that on Halloween night in 1984, the Canucks gave their fans another "huge scare" by dropping a 10-3 decision to the Los Angeles Kings.

Night of Mr. November

The World Series in 2001 played a game on Halloween. Okay, nothing scary happened here! But it was game four between the Arizona Diamondbacks and New York Yankees. The game continued past midnight, making it the first time baseball was ever played in November during the playoffs. Notably, Yankee star shortstop, Derek Jeter, hit a walk-off home run to earn the title of "Mr. November."

Don't need Batman!

On October 31, 2009, during an NBA game between the Sacramento Kings and San Antonio Spurs, Halloween was prevalent in the air. A bat flew just above the court during the first quarter. The game had to be halted in order to attempt to catch the bat. Spurs player, Manu Ginobili, did not need to wear a Batman costume because he turned into Batman on his own—swatting and striking down the annoying little creature to save the day and game!

Whitecaps keep their playoff hopes alive

› Team grabs their eighth win of the season

Mo Hussain
Sports Reporter

The Vancouver Whitecaps picked up a huge victory over the weekend, as their 2-1 win over the San Jose Earthquakes tied them for seventh place in the Western conference—keeping their playoff hopes alive.

The Whitecaps were down 1-0 at halftime, but two goals from defender Ali Adnan and striker Tosaint Ricketts in the 51st and 57th minutes respectively sealed the Whitecaps' eighth victory of the season. The victory is quite remarkable considering how both teams combined for a total of six shots on target, the Whitecaps picked up 12 more fouls than San Jose, and San Jose managed to possess the ball 62 percent of the game.

"It was a battle, the character that we showed tonight coming from a goal down and the fight we brought the whole game from start to finish was fantastic," said Ricketts in a post-game interview. "We came in knowing we need three points. We wanted to get one back on San Jose. That second half showed what type of character we have on this team."

The Whitecaps have now won three of their last four games and have 24 points heading into Tuesday's matchup against the second-seed Seattle Sounders. It will be interesting to see whether the team can pull off an upset as the Sounders haven't won their last three games; but if they do, it can definitely help them get one step closer to qualifying for the playoffs.



Pandemic Parallels

› The last World Series to be played entirely on one site has much in common with this year's

Craig Allan
Staff Writer

The World Series is underway between the Los Angeles Dodgers and the Tampa Bay Rays. This World Series is one of the most unique in baseball history, as the entire series will be played at Globe Life Field in Arlington, Texas. This is due to the coronavirus pandemic that has crippled large crowd events. This is the first time a World Series has been played entirely in

one park since 1944. The 1944 series has many parallels to 2020; set in the backdrop of a global crisis, it featured two teams that, much like the Dodgers and Rays, were also polar opposites in money and support.

The 1944 World Series was held in Sportsman Park in St. Louis, between the St. Louis Browns and the St. Louis Cardinals. Despite sharing the same building, the two teams could not be more different. The Cardinals were a baseball powerhouse, tied with the New York Giants

for most World Series championships by a National League team, and looking to take the lead. The Browns were the perennial losers of baseball. Not only did they not have a World Series championship in their entire 44-year history, they were the only team in all of baseball that had never been to a World Series.

The reason for this can be found back in 1920, when the Browns opened their new stadium, Sportsman Park, and the Cardinals agreed to pay them rent on the facility. For the Browns, this looked like a win. They had their own stadium, and their crosstown rival was paying them to use it. However, this was not the case; because the Cardinals were no longer paying money for the costly repairs and maintenance on a ballpark, they were able to use that money to pay for players. In 1926, Sportsman's Park hosted its first World Series, but it was the Cardinals who would not only be playing in their first World Series—they would go on to win the championship.

Little did the Browns know, they had subjected themselves to a vicious cycle of losing. They needed money in order to get good players, but in order to get money they needed fans to come to the games; in order to get fans to come to the games, they needed to put a good product on the field; in order to put a good product on the field, they needed money to pay good players, etc. The vicious cycle of losing went around in an unbreaking loop, that is, until 1944.

Nineteen-forty-four was the height of World War II for the United States.

Because of this, many of the era's greatest players like Ted Williams and Joe DiMaggio volunteered for the war effort. With the league's talent drained, the Browns had an opportunity; in a situation emblematic of their folly as a team, they were the least affected by the draft, as many of their players were deemed unfit for service. This gave the sad sack team some of the most experienced players in the game and led to them claiming the American League pennant.

If the Browns could win this series, maybe they could win the hearts of St. Louis. Unfortunately, it was not meant to be, as the Cardinals took the series and became the National League's most successful team. For the Browns, they would go on for a few more years which featured stunts, and silliness, but most of all, losing. In 1953, the Browns sold Sportsman's Park to the Cardinals and moved to Baltimore.

Seventy-six years later, many similarities can be seen between both series. A World Series played in a neutral site due to an out-of-control world event; the Dodgers, a team with the second highest payroll in the league going up against a Rays team with the third lowest payroll; a Rays team unable to get fans to the point that there is even talk of them relocating to Montreal. This is the battle of the have and the have-nots. Maybe the Rays can win, and do what the Browns couldn't, or maybe this is just a mirage. Only the future will tell.



Abbotsford star gets off to tremendous start in the NFL

› BC local already setting records

Mo Hussain
Sports Reporter

One of the key reasons as to why the Pittsburgh Steelers have gotten off to such a great start this season is because of BC Native Chase Claypool, who has played lights out since being drafted 49th overall by the Steelers in this year's NFL draft.

The 22-year-old rookie has ran over 300 yards in his first five games, and set an NFL record as the first Canadian-born player in NFL history to score four touchdowns in a single game.

In an interview on the Pat McAfee show, Claypool gives a big credit to his Canadian supporters for helping motivate him to play at a high level: "I see all of the love after every game that people show me. It drives me forward and it allows me to have the success that I have. I'm happy that I can represent the way that I have so far," said Claypool.

Claypool grew up in Abbotsford BC, and there were some that could tell from a young age that he had potential to make it far. "He was an anomaly as a child from day one," said Chel Sanghera, Vice President of the Fraser Valley Football Community

Association. "My husband would say, 'I'd call a play, and then Chase would do something I wouldn't think. I thought he'd only get this far and then he'd be at the end zone already.'"

Claypool played community football for the Abbotsford Falcons, and then moved onto Abbotsford Secondary where he familiarized himself with the American rules. One of the big hurdles that Claypool had to deal with on his road to professional success was that there weren't many before him that had actually made it to the NFL. "I feel like there's so many athletes in America that have played this sport since they were four or five years old," said Jacob Carvery, Claypool's stepbrother in an ESPN article—he helped Claypool train in his younger days. "It gives a lot of kids from Canada hope to one day do the same," he said.

However, with the help of Sanghera and a coach for his Stepbrother, Eddie Ferg, word about his talents managed to get to the right people and Claypool ended up committing to Notre Dame university in 2015.

At Notre Dame, Claypool finished seventh in Notre Dame history in career receptions, scored the sixth most

touchdowns in a season as a player for Notre Dame in 2019, and was awarded the Camping World Bowl MVP in 2019.

Fast forward to today, and Claypool is

starting to show signs as a breakout star in his first couple of games as an NFL player, and it will be interesting to see what the future holds for him as a Canadian icon.



Photo of Chase Claypool (83) by MGoBlog on Flickr

- Quality Halloween atmospheres from the spookiest of shows and films
 - 'Twelve' album review
 - A possible eye into the future of book fairs
- ...and more

'Moral Panic' is exactly the raw art we need in this era

› A review of Nothing But Thieves' new album

Sonam Kaloti
Arts Editor

Nothing But Thieves released *Moral Panic* on October 23, and while having heard most of the singles prior to the album release, I decided to review each song again having now heard the album as an entire work.

Unperson

"Unperson" is a good song to start with. There's a nice blend of hard guitars and vocals with an equal amount of softness to demonstrate the band's range of sound. The breakdown is akin to Twenty-One Pilots' "Heavydirtysoul" while maintaining an atmosphere similar to "People" by The 1975.

Is Everybody Going Crazy?

This one's been out for seven months. It goes hard, and honestly, the message stands out fabulously. It came out pre-COVID and the lyrics feel like they predicted the pandemic, "Is anyone else feeling lonely? / It just can't be me only / Losing our cool so slowly."

Moral Panic

I'll probably say this for most of the tracks, but the vocals... wow. Just being immediately struck by Conor Mason's larynx. The song is spacey and smooth, while having a distinct groovy undertone. Rainbow Kitten Surprise has this subtle flavour in most of their songs such as "Fever Pitch." The switch up brings a more aggressive tone and sparks the energy for the next song on the album.

Real Love Song

"Real Love Song" was one of the singles released before the album drop, and for that I am grateful. This ballad is a beautiful, emotional masterpiece. It's filled with deep heart ache, and the straightforward purity of, well, real love. Mason's singing style is directly inspired by Jeff Buckley and it is very clear in this song in particular. The lyrics could have been corny had any other band tried ("This is a sad song, so sad") but there's a certain level of class to Nothing But Thieves that makes this song sound simply raw instead.

Phobia

"Phobia" has a fun spooky atmosphere, which makes this the anthem for the album since it came out in October. There's a very cool bass sweep that repeats in the beginning, which is special to "Phobia." The song overall has a macabre atmosphere and is generally dark and airy—reminiscent of Billie Eilish's music. And oh baby, that guitar compression.

This Feels Like the End

Drums coming in strong during the softer bits is unique. The vibe is similar to The 1975—a good anthem for late nights downtown messing around with friends.



Cover of 'Moral Panic' by Nothing But Thieves

This song will be fun at a concert for sure. We finally hear the high-note vocal belt.

Free If We Want It

Slowing it down with a pretty ballad, "Free If We Want It" brings the long-awaited guitar solo. Vocal harmonies have a call and response, singing "Don't look back! Keep going!" The desperation bleeds through the second half of the song. It's quite clear at this point that the album is very personal.

Impossible

"Impossible" lives in my mind rent-free. It is an overall intense and heart-wrenching love ballad. The chorus resonates pure hope in love, singing, "I could drown myself in someone like you / I could dive so deep I never come out / I thought it was impossible / But you make it possible."

There Was Sun

"There Was Sun" is more electro than the rest of the songs on this album (and in Nothing But Thieves' discography) which makes this one an outlier. Strangely reminiscent of The Weeknd's tune "There Was Sun," while not having anything jump out at me in this listen, is a good track to put on your driving playlist.

Can You Afford to Be An Individual?

I had high hopes for this one after seeing the track list, and I was not disappointed. Every instrument is phenomenal, and they come together to just scream in your face. Then Nothing But Thieves really do scream in your face!

The entire song is a take on our current society. The third verse really says it all, ending with, "But now the liberals aren't liberal, they're just as venomous / And you

can't have an opinion unless you're one of us / No second chances, you're branded, your kind are dangerous / We're bringing each other down, we're tearing each other down / So have I gotta kill myself to be original? / And if I fucking hate you all am I a criminal? / Can you afford to be an individual?"

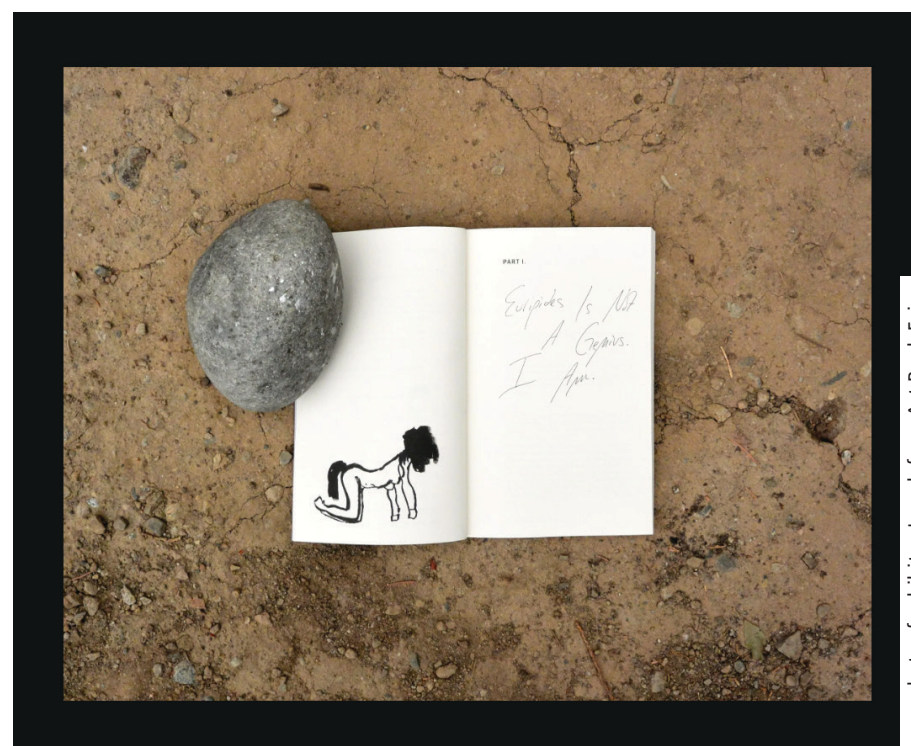
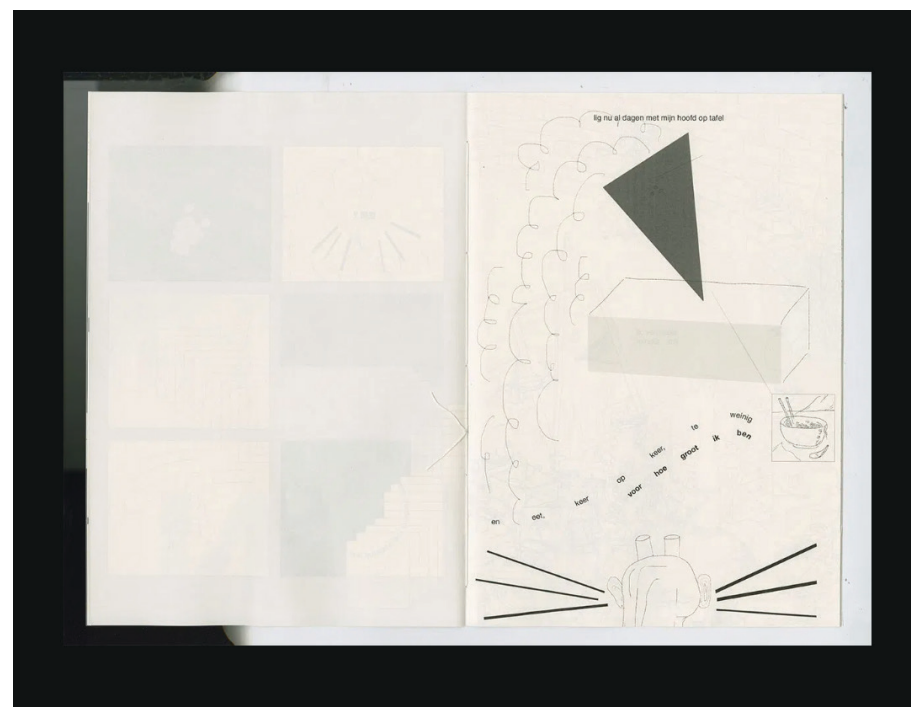
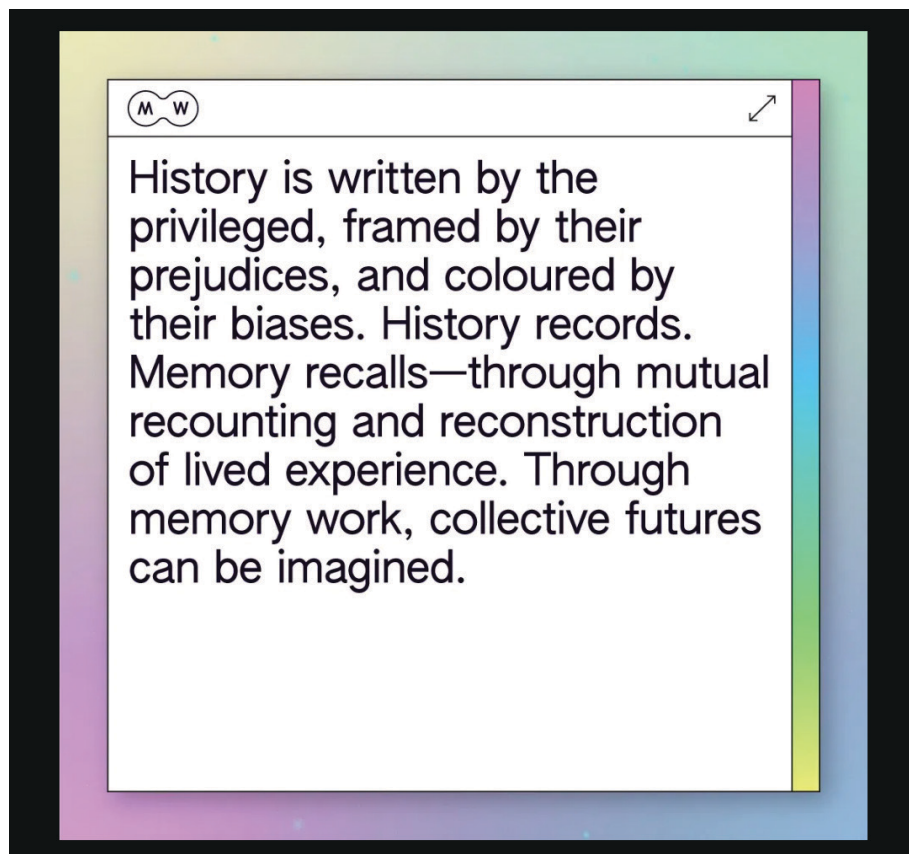
Before We Drift Away

This finale is a much-needed relief after the intensity of "Can You Afford to Be An Individual?" The intro is gorgeous and only slightly becomes more energetic with the addition of an orchestra. Nearing the end, the drums kick in some more, bringing the song, and the album, to a fulfilling close.

Overall, *Moral Panic* was well worth the three-year wait since preceding album *Broken Machine*. It is available for listening on Spotify and YouTube.

The virtual Vancouver Art Book Fair experience

› A possible eye into the future of book fairs



Screenshots of exhibitors' work from Art Book Fair

CJ Sommerfeld
Staff Writer

Vancouver's COVID-ized annual Art Book Fair was on October 17 and 18, and it was like no book fair I had experienced before. Instead of shuffling through a maze of tables and making awkward gestures to other canvas-bag-clad-art-book-lovers, attending a virtual fair was similar to scrolling through a social media newsfeed—eyes magnetized to the phone screen, disconnected from physical existence. Are new online events further driving us into a destiny of a virtual reality?

As per the previous eight Vancouver Art Book Fairs, themes propagated the images and texts:

- *Art and politics functioning in the post-conceptualist era*
- *Cross-cultural perspectives transcribed into drawings*
- *Femme driven activism*
- *Culture and identity*

- *Celebrating marginalized voices and challenging monolithic attitudes*
- *Retrofuturism and the influence of technology*

While these topics themselves are alluring, considering that they are coming from lay persons instead of some academia-guru makes their perspectives more relatable. Not to mention all of these ideas are being projected via the most novel packaging: visual and written art. While transmitting socio-political information in this way has forever been seen through different movements and art forms, it is always great to see information-projection that contrasts the way we are often taught these topics in school.

Technically, you could have attended this book fair from school. Its virtual platform showcased a montage of pink, yellow, and orange circles—each operated as an artist's booth. The fair's trademark smiley propagated each of the virtual booths, reminding you that you were, in

fact, attending the Art Book Fair. I did so while out for brunch, sitting in my van, in line at Value Village, and in my bed late Saturday night.

While this was convenient and contrasted greatly from the previous years when I would dedicate a good chunk of the weekend to physically being there, I could not help but think that being consumed in my phone's portrayal of the book fair was a replication of our current norm of virtual classrooms, virtual bank appointments, and virtual improv shows.

A large part of what made the Art Book Fair so great in the past was actually being there—seeing artists' table displays, thumbing through works, collecting free stickers, acting awkward in front of a thousand other awkward folk. None of these physical interactions occurred this year. And frankly, despite the lack of comfortability and social anxiety that such cumbersome events supply, they are a part of life. Exposing ourselves to social situations will better prepare us for those in

our futures (hopefully, fingers crossed). In my perspective, social events aid in moving closer to that reality, whereas virtual ones may be doing the opposite.

The art fair did have quite a few virtual meet and greets, real-time talks and workshops—but nothing beats face-to-face communication. Ironically, a common theme at the fair was mental health, and while creating any art medium has been shown as being mentally beneficial, having our noses stuck to our phone screen does the opposite.

While Vancouver's 2020 Art Book Fair ended on October 18, there are still many resources available on their website, including a full list of the exhibitors and links to their personal websites. The Vancouver Art Book month extends to the end of October. Until the month concludes, there are edit-a-thons, digital discussions, demos on risograph printing, readings, and more. So, until the world resumes its pre-COVID state, why not feed your creativity and take a look!

The Struts' 'Strange Days' album rocks the world

› Uncomfortable love and bold music choices for a modern-day audience



Cover of 'Strange Days' by The Struts

Jonathan Pabico
Senior Columnist

★ ★ ★ ★ ☆

From touring with the Foo Fighters to performing at iconic music festivals like Lollapalooza, The Struts made a name for themselves as British rockers from Derby, England. *Strange Days* marks the band's third studio album to be released, but it's the first of their work to arrive to fans while in a pandemic. Despite the weird circumstances, the collection is upbeat enough for therapeutic resonance and provides relatable themes for youth.

What makes the album a rollicking treat are the impressive vocals of lead singer Luke Spiller. With the song "Cool," for instance, Spiller allows his charismatic personality to come out as he sporadically switches between his vocals to talking in a stylish drawl. He revels in the vibrant dynamics his voice shares with the song's guitar solo. This synergy creates a unpredictable edge, perfect for any coming-of-age or road-trip film.

Although it's a topic we've all seen in music before, *Strange Days'* central theme is about young love and the pain, heartbreak, insecurities, and unresolved anxieties that can follow from it. With their punk finesse, The Struts are unapologetic in exploring these social concerns that would normally be difficult to discuss with others.

The track "I Hate How Much I Want You"—which, contrary to its title, is one of the catchiest tunes in the playlist—pulls you in through hard-hitting guitar

melodies and drumbeats that balance with the vocals. This soundscape makes the collection enormously relatable for listeners by conveying the struggles we can have with passions of the heart. The piece uses its lyrics about jealousy and longing to foreground the complicated depths of our personal affections.

What also gives the album so much appeal is its avant-garde elements. The track "Am I Talking to the Champagne (or Talking to You)" combines Spiller's painful vocals with surprisingly jazzy flair through saxophone segments. The light hits on the drum, sleek guitar riffs, and sophisticated vibes from the backup singers meld jazz romanticism with engrossing rock tones.

As for flaws, the arguably weakest track is perhaps "Wild Child" because of its techno distortions that clash with the energetic vocals and music compositions. The sound mixing during the later stages of the song is off kilter yet could've allowed the guitar to run free.

Regardless of whatever minor problems it may have, The Struts' *Strange Days* is not a bad listen for our current time of quarantines, social distancing, and lockdowns. The Struts' new work provides emotional support that lends some welcoming comfort to fans and casual listeners. If you hunger for decent rock songs or you've been feeling down lately and need some encouragement, then tune in to the band's recent music. Their album may just be that very push you're seeking to get through a tough day.

IZ*ONE's long awaited return to Japan

› 'Twelve' album review

Jerrison Oracion
Senior Columnist

★ ★ ★ ★ ☆

Before the *Produce 48* controversy happened, IZ*ONE released their third Japanese single "Vampire" which sounded good but was cheesy at certain points in the song. After they came back earlier in February with their first album *BLOOM*IZ*, they were originally going to Japan to perform in KCON Japan and release their first Japanese album but the coronavirus pandemic interfered. Because of that, the group had to delay the release of it and instead still worked in South Korea during the pandemic and released their recent mini-album *Oneiric Diary*.

After a one-year wait, IZ*ONE finally released their first Japanese album, *Twelve*, named after the number of members in the group. An important thing to point out is that nearly all the group's Japanese songs are written by the same person that produced AKB48 (where Sakura, Nako, and Hitomi are from) and the 46 groups: Yasushi Akimoto. The album has all of the group's Japanese singles including my favourite Japanese single of the group "I Want to Say that I Like You" as well as

two of the songs from the season finale of *Produce 48*, and new songs including Japanese versions of almost all of their Korean singles.

Out of the new IZ*ONE songs, the main single in the album "Beware" has the Japanese members being heard more throughout the songs, especially for Nako (who is the lead member in the song), and Hitomi. The song has the structure of TWICE's "TT"; the music video of "Beware" reminds me of the music videos of TWICE especially the music video of "Heart Shaker." In the music video of the song, Nako is waiting in a classroom with her suitcase which houses a miniature city and we see the members in various parts of the city as well the subway.

Other than the Japanese version of their previous hit single "Secret Story of the Swan," this is the first time in a long time that I have heard Sakura, Hitomi, and Nako singing in Japanese. Like in *BLOOM*IZ*, my favourite member in the group, Yujin, is also heard a lot throughout the album and



Photo of IZ*ONE via allkpop.com

still sounds great. Because Akimoto wrote most of the songs in the album, it has the Yasushi Akimoto touch where it sounds like J-Pop and it is pop-y.

Akimoto's use of "Wow" repeatedly is also heard in the songs and he also used it in the recent hit singles of the other groups that he produced including Nogizaka46's "Route 246," Keyakizaka46's last single "Who's Gonna Ring the Bell?" and Hinatazaka46's "Azato Kawaii."

Another IZ*ONE song I enjoy is "Yummy Summer" which has a J-Pop and sunny sound with a bit of K-Pop beats. One of the songs in the album that I like "What

Should I Do?" has a jazzy sound but turns electronic in the second half. Another song in the album that I like, "Shy boy," sounds like a usual J-Pop song but also sounds like an electronic song produced by Kenshi Yonezu similar to the song that he did with Yojiro Noda "Placebo" in his recent album *Stray Sheep*.

Twelve is an album that fans of the group in Japan, especially AKB48 fans including myself, were waiting to hear. While this might be their only Japanese album since the group might end next year they could still make another Japanese album.



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(1)

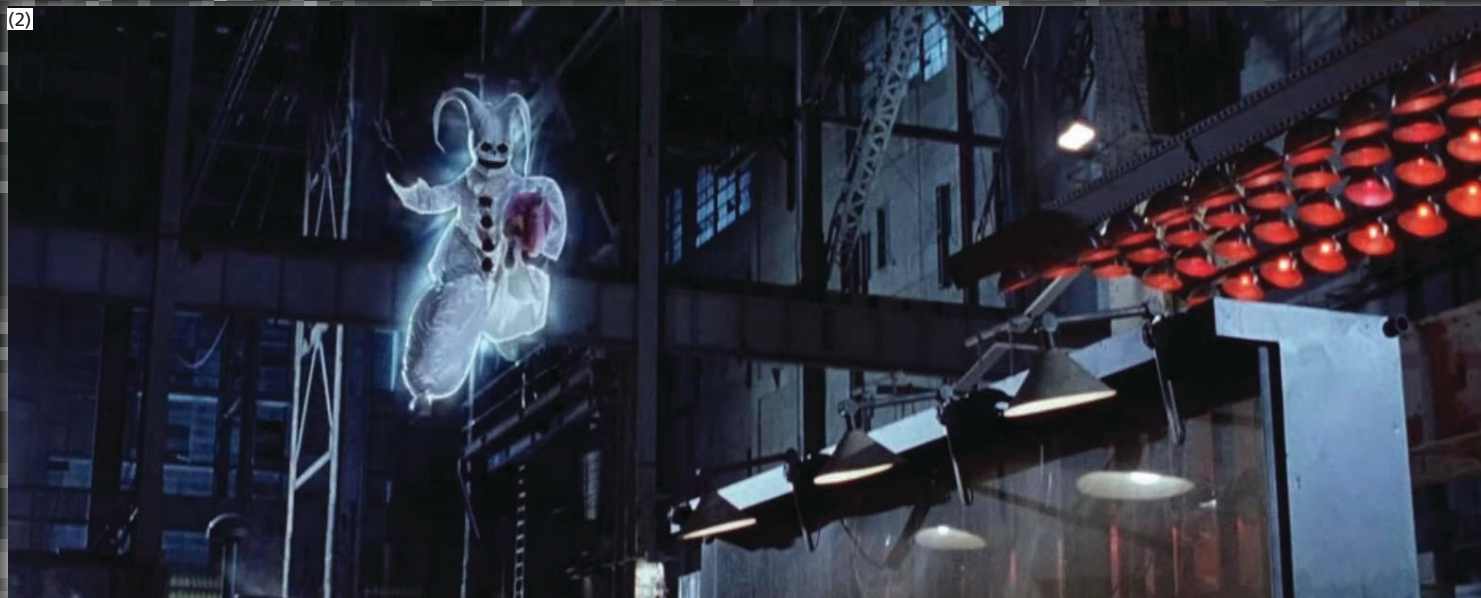


Coraline is terrifying. At least, I thought that as a kid. Now, it's more of a very dizzy experience. A lot of this film is creepy, and additionally the colours are a bit too bright for all the scenes to pass for a Halloween-vibe. Instead, their home with the gloomy foggy backdrop is a great starter scene to introduce the rest of the film.

QUALITY THE

What gets you in the Halloween m
and dreary aesthetics. Here are the
cinematography:

(2)



There's never a moment when *Scooby-Doo* isn't Halloween friendly, but a lot of this movie feels like something's wrong—all while drinking pina colodas on the beach (not so spooky). This ghost scene early in the movie sets up the movie's darker tone, despite not often coming back to the same visual elements (especially the colour palette).

(4)



Not as bubbly as many of the other
However, it is so uncomfortably ja
This scene of the large buffet and
on as a kid. The luscious grapes th
being so close to this monster, am

(3)



Over the Garden Wall is a quirky little tale about two young brothers journeying through the forest. The entire series, though, is dark and brooding. Every scene in this show is absolutely stunning and has a vintage charm to it. This propels you into the dark and hopelessness of this world and is the perfect setting to envelop you during fall.

(5)



It is difficult to pinpoint exactly w
by the ever-growing darkness is g
monster depicted by the main ch
classic.

website name



TY HALLOWEEN ATMOSPHERES FROM SPOOKIEST OF SHOWS AND FILMS

› Best autumn set design and animation

By Sonam Kaloti, Arts Editor

ood? For me, it's movies with dark and grey colour palettes—cold
e films I watch for the special chilling aspects of their animation and

- (1) Still of 'Coraline'
- (2) Still of 'Scooby-Doo'
- (3) Still of 'Over the Garden Wall'

- (4) Still of 'Pan's Labyrinth'
- (5) Still of 'Twitches'
- (6) Still of 'Halloweentown'



er sets, *Pan's Labyrinth* may not even be much of a Halloween movie, per se.
rring that it deserves a spot.
hand-eye monster scarred an image in my brain ever since I saw this film
at the main character couldn't help but to try, all while feeling the dread of
ong the dim lights of this underground tunneled hell... it's just phenomenal.



what feels so Halloween in regard to sets in *Twitches*. The castle being spun
great, but still looks a little too computer generated. However, the darkness
character feels like just the right amount of casually menacing for this Disney.



Halloweentown has everything—from costumes, to magic, and music (of course)—yet the set
design is what makes you feel like you've truly transported to another world. It's what the world
looked like during Halloween as a kid, and what you wish it felt like during Halloween as an
adult.

HALLOWEEN'S RELIGIOUS, FOREIGN, AND CONTROVERSIAL HISTORY

› Death, cake, and crime: the evolution of this imported holiday

Janis McMath
Editor-in-Chief

Halloween is my favourite holiday, and clearly many other Canadians agree with this; Halloween is the second most popular holiday (commercially) behind Christmas in this country. This holiday's industry is estimated to be worth one-billion dollars and per capita, Canadians outspend Americans during this spooky scary seasonal event. Despite being a holiday that is literally all fun and games now, Halloween is a Frankenstein's monster of many older, darker, and much more secular events.

Much of this event's roots are in a two-day pagan festival called Samhain (pronounced sow-in). The Celts lived in Ireland, the UK, and northern France over 2,000 years ago and October 31 was the end of harvest, summer, and their year—so it was a time many believed the dead could enter the physical world again. They lit huge fires, sacrificed cattle, prepared offerings for those (like fairies) entering through the barrier between living and dead; people dressed as monsters or animals to ensure that those creatures would mistake them for fellow spirits and not take them through the gate to the other world. Samhain also included a tradition of pranks—often blamed on the fairies and creatures.

Originally, the event was seen as mandatory and required citizens to report to authority figures; failure to comply was believed to cause bad fortune—like illness or death.

THE ORIGINS OF PUMPKIN CARVING AND GOING DOOR TO DOOR

As Samhain progressed, so did the many traditions to keep away the spirits. Carving was originally done on turnips, and they were carved with faces to either represent lost loved ones and to guide good spirits, or they were made to scare off bad ghosts with their demonic turnip faces (they truly look horrifying). This comes from Irish folklore which tells of Stingy Jack—sentenced to suffer until Judgement Day because he was a cheap cheat. Condemned to wander the globe in a state between living and dead, he only held an ember in a carved-out turnip to guide his way—earning him the name Jack of the lantern, or Jack-o'-lantern.

In the 1840s, the Irish and Scottish fleeing the potato famine brought Halloween to Canada and the United States. As North America had many more pumpkins than turnips at the time, and pumpkins are harvested right around Halloween, the transition to carving pumpkins was a natural shift. Turnips also were pretty difficult to carve.

As Samhain celebrations

revolve around appeasing the dead in hopes of successful harvest and a bountiful new year, it makes sense that another tradition kind to the spirits was added; food and drink was left out for interested spirits that either needed to be appeased or were friendly ancestral spirits. Citizens would leave out extra plates with food and update family spirits on their lives; children played games that were thought to be good fun for the ghosts. After the supper was consumed, people would leave their windows open (and sometimes would leave out a nice cake!) in case spirits wanted to enter again later. This event was called "dumb supper."

THE CHRISTIAN SPIN-OFF

After the Celts were conquered and Christianity spread in the areas they lived, the church made their own holiday called All Saints' Day (also known as Hallowmas, with hallow meaning saintly) which celebrated saints on the first of November—and it is commonly believed that this was an attempt to overshadow Samhain. These celebrations included All Saints' Eve (or All Hallow's Eve) which was on October 31, All Saints' Day on November 1, and All Souls' Day on November 2.

Samhain and Hallowmas' events were similar, as the Christian celebrations also included big bonfires and dressing up—but their costumes consisted of

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People dressed as monsters or animals to ensure that those creatures would mistake them for fellow spirits and not take them through the gate to the other world.

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Any attempt by any stupid teacher to celebrate Halloween at school is nothing more than a gross violation of federal law.

”

saints, devils, and angels instead. Somewhat similar to dumb supper, on Hallowmas soul cakes were given out to the needy in exchange for prayers for the dead relatives of those giving out the treats. Further on, when the holiday became secular, children adopted the tradition in their own neighbourhoods. Instead of prayers, kids would perform in return for ale, food, and money—it was called “going a-souling.”

“TRICK OR TREAT” WAS NOT AN EMPTY THREAT

After awhile, Hallomas turned into Halloween and that Samhain-Hallomas combination holiday was brought to North America. When the event was first brought over to Canada and the US however, much of the traditional fun of the holiday—like having your fortune told, your future husband predicted, and bobbing for apples—was lost. Instead, focus was placed on the ancient Samhain tradition of pranking one another. The pranking became so rampant that Halloween was considered a dangerous holiday at the time; many cities and towns wanted to ban the event. Indicative of this fact, a newspaper in southern Alberta (called the *Lethbridge Herald*) was recognized as the first to coin the term “trick or treat.” The 1927 article was discussing the trend of pranksters going from house to house demanding treats in turn for protection from the trickery that was common of the night during that era.

Thankfully, by the 1950s they had successfully bribed the nation's children with delicious treats and fun activities to change the tone of the holiday to a family friendly one. This kept the youth occupied and in turn prevented many kids from setting fires, breaking windows, and stealing things. Now the phrase trick or treat offers no real threat, and we should count ourselves lucky.

HALLOWEEN-LIKE TRADITIONS ELSEWHERE

The Western world has inspired many to import Halloween to places all over the globe; even

if countries do not celebrate it nationwide, many individuals participate in this unique version of Halloween that has evolved through multiple cultures. Although many countries participate in the special traditions of Halloween, some already have their own similar spiritual holidays that revolve around paying respects to the dead and departed. For example, this includes China's Hungry Ghost festival, South Korea's Chuseok, Nepal's Gai Jatra, Japan's Obon, and Cambodia's Pchum Ben to name a few. One of the most popular examples is Mexico's Day of the Dead festival. This celebration is actually a marriage of Mesoamerican rituals that honour the dead, the European Hallowmas, and various pieces from Spanish culture.

Just like All Saints' Eve, All Saints' Day, and All Souls' Day, the holiday is celebrated over October 31 to November 2. The aesthetic is death, but the celebrations are joyous, positive, and celebratory in respecting the lives of those who have passed. Similar to the Pagans, the festival is fueled by the idea that spirits are able to enter the physical realm easier at this time of year, so the population creates parades, parties, and dances to welcome the ghosts of loved ones back. In fact, pre-Hispanic cultures like the Aztec, Toltec, and Nahua people viewed mourning as a great form of dishonour; dead people were a part of the collective as much as anyone. These ideas inspired modern-day Día de los Muertos as a day for the dead to return to receive respect—and ceremony!

In celebrating the Day of the Dead, many create altars—makeshift gift sets that often include favourite meals, water, family photos, candles, incense, and marigolds. All of this is done as a gesture of hospitality for spirits, as they are thought to be famished after their arduous journeys back to our world. Other traditions include sassy, silly, and sarcastic poems written in the style of a tombstone epitaph. These short poems, called literary calaveras (skulls), often mock

the living. Similar to Halloween, costumes are a huge part of this event; being a such a social holiday, people of all ages adorn fancy colourful clothes and get their face done up cute and skeleton-like.

A BAN ON HALLOWEEN FUN?!

Some countries celebrate both religious holidays and Halloween side-by-side—embracing old culture and new. For example, places like Italy celebrate Tutti i Morti (All Souls' Day) nationwide, but have children in costumes trick-or-treating in their neighbourhoods on the last day of October. Sweden similarly celebrates All Saints' Eve (Alla Helgons Dag) but has seen Halloween grow in recent years.

On the other hand, some in Russia are continually attempting to ban the celebration. Russian lawmakers say the holiday is associated to “activities of dangerous occult organizations” and that “any attempt by any stupid teacher to celebrate Halloween at school is nothing more than a gross violation of federal law.” One lawmaker even suggested that parents call a special hotline and report school celebrations of Halloween. The head of the republic of Crimea called the holiday a “means of cultural and spiritual aggression directed at destroying the traditional values of Russia.” In Russia, religious groups and conservative politicians often take aim at taking down this holiday.

Halloween is a holiday with seasonings from all around the globe. Knowing that it took a lot of work and natural transitions to get the celebration to where it is today should make us favour it more than we already do. Enjoy Halloween for the fun, safe, delicious, creative, and family-friendly event it has become and don't take it for granted—appreciate the fact that your favourite holiday isn't under attack by political and religious groups!

- Treat or treat!
 - A thrift-list for both Vancouverites and non-Vancouverites alike
 - Fascinating Fruit Facts
- ...and more

DINGUSES AND DRAGONS: TIPS FOR RUNNING A SMOOTH AND DREAMY SESSION

› From incorporating break times to leaving them wanting more

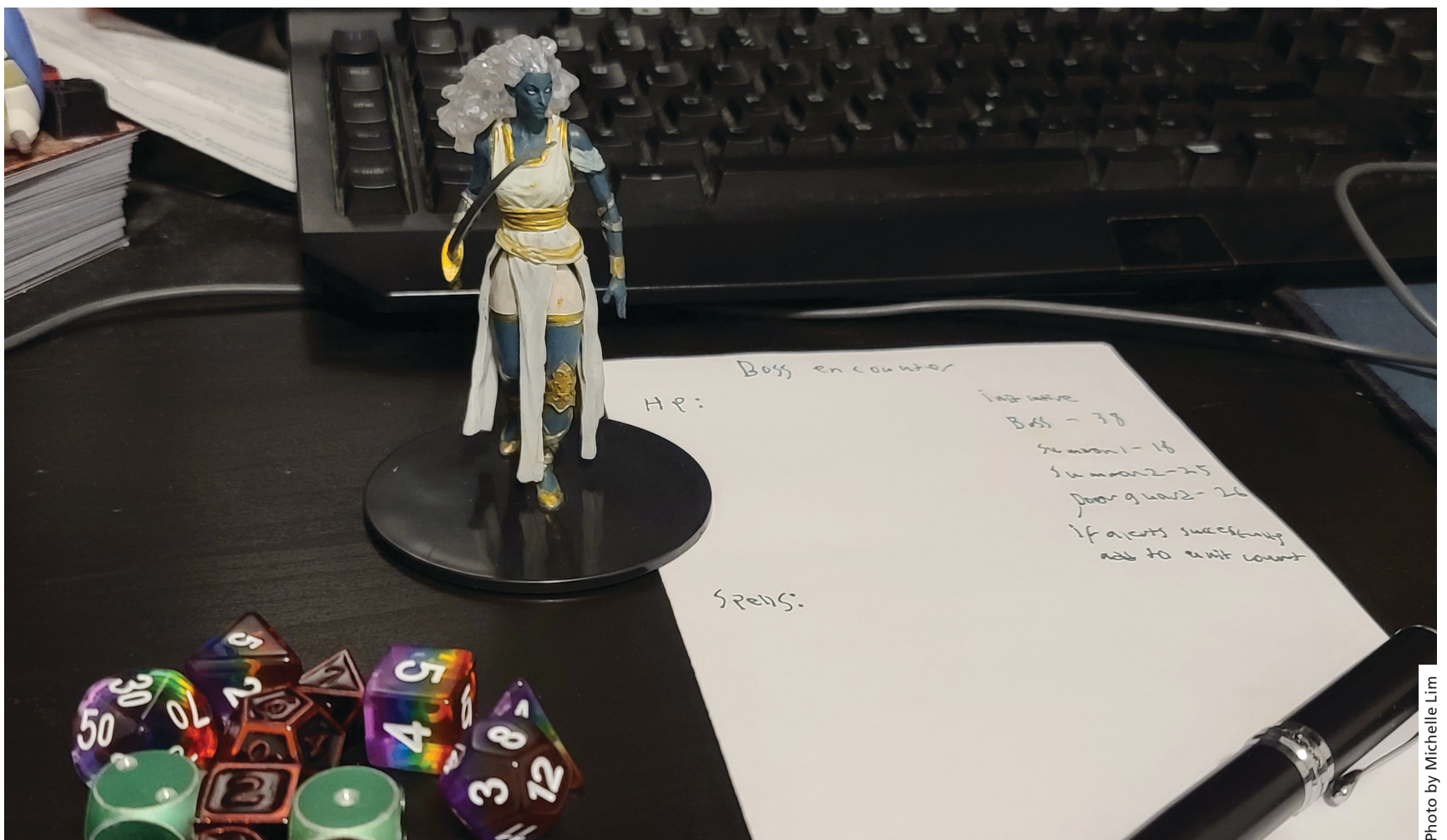


Photo by Michelle Lim

Jacey Gibb
Distribution Manager

Welcome to Dinguses and Dragons, a weekly column aiming at demystifying and introducing the game of D&D to new and potential players

There's no such thing as a formula for the perfect D&D session. You can have an amazing story hook, experienced players, and a nefarious villain all prepared, and sometimes the session will just... fall flat. However, there are structural things you can do as a Dungeon Master (DM) to set everyone up for a successful evening of adventuring.

Start with a recap

Whether you're playing a weekly, monthly, or yearly campaign, start things off with a recap. What happened last session? Were any important characters introduced or are there plot points that need to be revisited? A recap

helps everyone get reorientated with the game but can also draw attention to smaller details that might be important later on. I always take 15 to 20 minutes after a session to type out whatever happened while it's fresh in my memory since even DMs can forget.

Include bathroom/snack/beverage breaks

Stopping the game every hour and a half or so to give folks a break helps keep everyone on the same page. There's nothing worse than a player excusing themselves to use the bathroom just as you're about to ambush the party or have a big reveal. Unplanned bathroom breaks can also ruin a scene's momentum. Build these breaks into the slower moments, so everyone's ready for action when it strikes.

Agree on a rough(ish) end time

Forget dragons—organizing the schedules of different adults is the real challenge to overcome when

playing D&D. Discuss beforehand what everyone's schedules are like, and what would be a good wrap-up time, adding that sometimes you might end earlier or later. As the DM, keep an eye on the time and know when to move things along or add interference as needed.

Streamline your combat

If there's potential for combat, have all the stats and enemies ready to go. Have your players' armour classes on-hand so you immediately know if something hits or misses them. I even pre-roll initiative for every non-player character. The more you have ready beforehand, the less you have to do during gameplay.

Have diverse gameplay during your sessions

A session with *only* combat, puzzles, or roleplaying can feel monotonous, so incorporate a healthy blend. Or alternate roleplay- or combat-heavy sessions to mix it up or try orchestrating combat at the start of a session rather

than building up to it. You never want your players to know what to expect from a session.

End on a cliff-hanger

Too soap opera-y? Perhaps. But ending your session with a big reveal will get people itching for the next time you play. Maybe a character double-crosses them, or someone is kidnapped, or even just a mysterious stranger approaches them. Leaving the cliff-hanger intentionally vague also means you have time to flesh things out before the next session. There's no such thing as a formula for the perfect D&D session. You can have an amazing story hook, experienced players, and a nefarious villain all prepared, and sometimes the session will just... fall flat. However, there are structural things you can do as a Dungeon Master (DM) to set everyone up for a successful evening of adventuring.

To wear or not to wear

› Halloween costumes that have shocked many over the years

Brandon Yip
Senior Columnist

Halloween is often a time when people of all ages let loose and celebrate—wearing costumes to the delight of others. Before the pandemic, many people attended Halloween parties where they would meet others while commenting on each other's costume choices. This year may be a bit different.

While many costumes are easily complimented favourites, there are some Halloween costumes available for purchase that some people would consider inappropriate and in poor taste. An example of such inappropriateness is a classic tacky OJ Simpson costume comprised of a two-piece orange prison jumpsuit that includes a V-neck shirt and drawstring pants. Simpson, of course, was controversially acquitted of the brutal murders of his ex-wife Nicole Brown Simpson and her friend Ronald Goldman in October 1995.

Another example of a poor costume choice was Prince Harry in January 2005. He was 20 years old and attended a costume party wearing a Nazi uniform. A photo taken of him was published and circulated in the North American media and British tabloids—causing outrage from Jewish and Holocaust survivor groups. Prince Harry released a statement four days later, apologizing for his poor costume

choice: “[I am] very sorry if I caused any offense or embarrassment to anyone. It was a poor choice of costume and I apologize,” he said.

Furthermore, with the pandemic, there are coronavirus costumes available. In Mexico City, merchants at Sonora Market are selling COVID-19 costumes for 250 pesos (\$12 US). The colour of the costume is phosphorescent green. It includes a spiky mask with a forceful, toothy smile, and it is covered by yellow hazard tape. Jovana Méndez, an employee working at the market's Zombie Town costume store, states customers of all ages love the costume. “Knowing that we Mexicans like to be amusing, we came up with the cap, the mask, and the shirt,” Méndez said to the *Mexico News Daily*. “We knew this was going to explode. COVID-19 has already infected Mexico City and now it is going through the Sonora Market.”

Not everyone is amused with coronavirus costumes being available. In early October, Amazon removed coronavirus masks being sold on its site by an independent seller after public protests. The masks were made in China and were replicas of the virus under a microscope—along with ragged teeth and googly eyes. Rachel Power, affiliated with a British parents' organization, told the *Mexico News Daily* that she is perplexed as to why such a costume would be available: “These masks show a terrible lapse of judgment by



Illustration by CJ Sommerfeld

the manufacturers and sellers, and I hope they will be removed from sale quickly. I've no doubt the great majority of people will find them hugely distasteful, and I can't imagine that many people would wish to wear one.”

Moreover, Sam Escobar and Marci Robin in an article published in *Good Housekeeping* magazine, stated that people need to be careful about wearing costumes: “Events like mass shootings, natural disasters, and movements like #MeToo should not be referenced, turned into a joke, or used as inspiration for costumes. Whether or not you find these concepts personally offensive, it's a cruel choice that reminds countless others of trauma and heartache.”

I wonder if there is a Donald Trump costume available. You wouldn't need to buy one though, because it is basically free. All you need to do is just be out-of-shape, have really bad hair, cut people off when they are talking, not practice social distancing (while also contracting COVID-19), and make disparaging remarks about China being the originator of the disease.

People have a choice on whatever costume they want to wear for Halloween. But if a person selects a costume that is inappropriate, offensive, and may ignite backlash and criticism from others, then maybe they might want to think twice before wearing it in public.



Photo by Billy Bul

Brandon Yip
Senior Columnist

For many people, especially young children, a large part of Halloween includes receiving large amounts of candy. It can range from numerous types of candies: Snickers, Twix, Kit Kat, Coffee Crisp, Caramilk, Oh Henry!, Mars, Reese's Peanut Butter Cups, Reese's Pieces, Aero, and more. While I was making plans to eat copious amounts of Halloween candy this year, it made me wonder how the tradition of trick-or-treating and eating candy on Halloween started.

Historically, in the United States,

Treat or treat!

› How some familiar Halloween candies were invented

the origins of trick-or-treating can be traced back to the 1930s and early 1940s. Children would go door-to-door and would receive items ranging from pieces of cake to fruit, homemade cookies, toys, coins, and nuts. It was not until the 1950s that candy would be introduced as part of the Halloween trick-or-treating custom. As trick-or-treating was getting more popular, candy manufacturers decided to get in on the action—marketing their products for Halloween. Candy was seen as very convenient and inexpensive.

In the 1970s, Halloween candy—primarily wrapped candy—was considered the safest item to be received (especially by young children) during Halloween. There were concerns about the hazards of accepting unwrapped items that could be tampered with or poisoned; therefore, commercial wrapped candy was the only safe choice. Here is a look at the history of some of today's most well-known Halloween candy according to History.ca.

Hershey's Milk Chocolate & Hershey's Kisses

Chocolate pioneer Milton Hershey

invented these two chocolate delicacies: the Hershey's Milk Chocolate bar in 1900, and Hershey's Kisses in 1907. During that time, chocolate was considered a luxury treat for the rich and privileged. Hershey was able to change that lack of inclusivity by mass producing tons of his milk chocolate—thus making it affordable for average American people. Notably, in the early 1900s Henry made another creation—building a town surrounding his chocolate factory: Hershey, Pennsylvania.

Reese's Peanut Butter Cups

After moving to Hershey in 1917, Harry Burnett Reese worked as a dairyman for the chocolate company, and afterward worked at its factory. Reese became inspired by Milton Hershey's success; He started making candies in his basement. Reese built his own factory in the middle of the 1920s, making a vast array of candies. One of those creations were peanut butter cups in 1928, which he made with Hershey's chocolate. The onset of WWII was difficult for Reese's business. He had a short supply of ingredients, and therefore stopped making his other candies to make the primary focus his most popular item: peanut butter cups. Hershey took notice and in 1963, bought the H.B. Reese Candy Company.

M&M's and more

Frank Mars was a candy maker from Minnesota who was struggling financially

in 1923. He released the Milky Way bar, which would become a bestseller. Seven years later, he created the Snickers bar, which was named after his favourite horse. Mars was not finished as he later released the 3 Musketeers bar in 1932. Forrest Mars (son of Frank) later joined the company, but later departed after disagreeing with his father. Forrest moved to England where he invented the Mars bar in the early 1930s. In 1941, he released the candies called M&M's. At the time Mars believed that WWII would lead to a short supply of cocoa. He then became business partners with Bruce Murrie, the son of a Hershey executive in order to gain access to a large supply of ingredients. M&M's stands for Mars and Murrie.

Kit Kat

The Kit Kat bar is another classic Halloween candy. It was first sold in 1935 in England as Rowntree's Chocolate Crisp. Two years later, it was renamed the Kit Kat Chocolate Crisp. The genesis of its name was believed to have come from a London political and literary group, the Kit-Cat (or Kit Kat) club, founded in the late 17th century. The Kit Kat brand has been owned by Nestle since 1988. Of course, Nestle is the creator of another Halloween yummy candy, the Nestle Crunch bar, which was first released to the chocolate-craving public in the late 1930s.

Secondhand spots to guarantee the best Halloween costume

› A thrift-list for both Vancouverites and non-Vancouverites alike

CJ Sommerfeld
Staff Writer

Let's face it, this Hallow's Eve is going to be exponentially different than the rest. And although it is a holiday, this spiky virus does not have the day off, so we should act accordingly. That does not mean dressing-up is out of the question, however. Whether you are going to lounge around the house with a six-pack singing along to the *Rocky*

Horror Picture Show or FaceTime with pals, why not wear a costume?

Halloween costumes are fun but can also be harmful to our environment. Now, we usually attribute the term "single-use plastics" to picnic cutlery and grocery bags, but this term also extends to cheap Halloween costumes. This is just one of a plethora of reasons why thrifting is a great way to supplement pieces for an unrivalled Hallow's Eve ensemble. Now we all know

of Value Village as a great place to scour a costume, but where else is there? As a thrifting buff, I have assembled a list of my favourite spots; here she be!

The Rag Machine

Located via the alley accessible on the north-west corner of Main and Broadway, this shop confronts you with literal tubs of clothing, providing you with the best possible thrift scavenger hunt. While some items are hung on hangers, a majority of the items are in large tubs which line the walls. This spot requires a great deal of creativity and imagination as it is not curated in the least. Some of the items have pre-set prices, although a majority of its pieces are priced by weight. When you have completed your hunt you put your pile of clothing on a scale; at the price of \$5.97 a pound, you will nearly never be paying an arm and a leg for great pieces. If this is your first stop on your costume-hunting escapade, it may also be your last because the Rag Machine carries everything from overalls, old graphic tees, fur, leather, hankies, shoes, and more more more!

Community Thrift and Vintage

Located in the heart of Vancouver's Downtown Eastside (DTES), Community's curated vintage shops support at-risk persons through their work-training program which trains and employs those living in its neighbourhood. As well, 100 percent of their profits are donated to the PHS Community Services Society, which is a non-profit that provides housing, healthcare, and harm reduction services to those living in the DTES. Community has two shops, The Frock Shoppe and Community Thrift and Vintage. Within these stores, you will find local-made art (including some pretty stellar earrings and

pottery), belts, bags, berets, vintage dresses, trousers, and so much more—gender binary clothing has been dispersed between the two. While these prices are a bit steeper than those in the Rag Machine, you are hitting three birds with one stone: decreasing your carbon footprint, buying one-off pieces, and best of all you are donating to a community of some of the most needy people in our city. As well, in present COVID times, they now offer free shipping when purchasing pieces from their online catalogue!

Depop

Unlike the other two, Depop operates on an online platform. This means instant accessibility to global thrift and vintage; dangerous, I know. The online shop provides people a space to create their own vintage markets where each seller chooses their marketing style, prices, and items. You can type any keyword into the search bar: 2000s glam, modern thrift, dagger collar, patchwork, polyester—whatever floats your boat in that moment. The platform is also great because you too can create your own vintage empire via the app to earn a bit of side-cash. Depop has capitalized on this generation's view of making a name for oneself and veering from working the classic 9 to 5 that saturated many of our parents' lives. Depop is a great spot to purchase thrifted items that you may have otherwise not seen in your city. Purchasing pieces from this app is a sure-fire way to have the most original costume of them all!

Aside from the exciting nature of thrifting, it is great to re-wear items from your Halloween costume after the day, both for environmental and financial costs. The holiday is just around the corner, so why not start costume hunting now?



Illustration by Athena Little

Fascinating Fruit Facts

› Me likka salacca zalacca

Morgan Hannah
Life & Style Editor

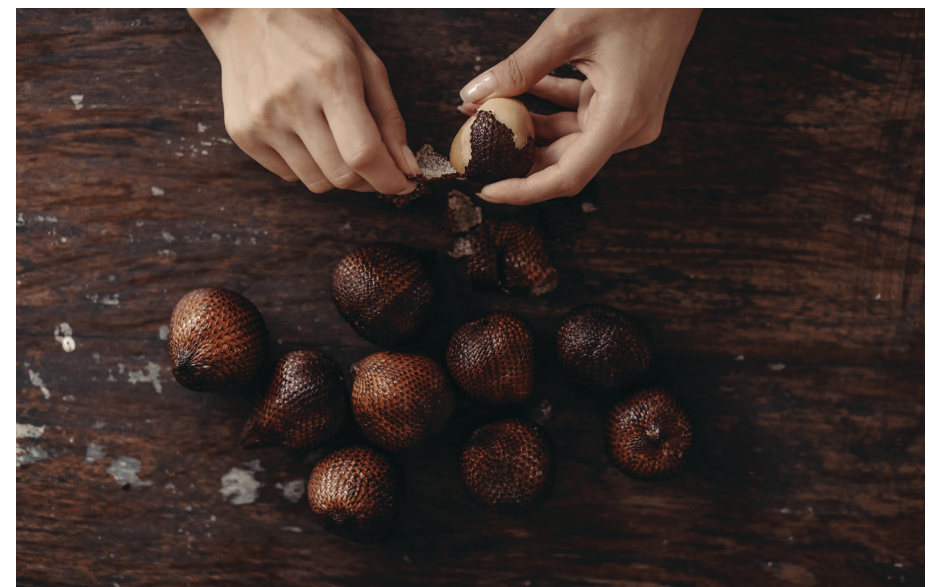
You likka salacca zalacca? I likka salacca zalacca. Lemme tell you all about salacca zalacca!

Also known as snake fruit, this delicious treat is native to Indonesia but is also found in neighbouring countries Malaysia and Timor. I personally found them in a street cart down a dimly-lit alley on Gili Trawangan in Indonesia!

This bulbous-bodied fruit tapers off at one end, and much like a fresh fig it is entirely encased in shiny dark reddish-brown scales—and sometimes even spikes! This deceptive fruit's skin is quite thin and easy to peel off (if you know what you're doing). And I didn't, so I had to get the owner of the cart to show me. First, she started by pinching the tip and breaking the skin. Then, she expertly peeled back the scales—going against the grain—to

reveal the light yellowish-white flesh underneath. The yellow-white lobes of fruit have a fine, film-like layer that can also be peeled away which she did—almost like peeling a hardboiled egg. The fruit itself looked like a large clove of garlic covered in snakeskin to be honest, and it tasted like a dry but sweet apple, pineapple, and banana combo and had an apple-like crunch. I've since found out that some varieties can be drier and have a flaky texture (which I'm glad I didn't get to eat), and others have a more spongy and succulent texture (which I think I would've loved!).

Another name for salacca zalacca is the "Memory Fruit" or "Fruit of Memory" because it is loaded with potassium (much like a banana) and pectin—important nutrients for brain growth and development. The fruit also contains thiamine, iron, vitamin C, and calcium. And it's quite the ideal vacation fruit for us Westerners trying on new foods



overseas, as snake fruit has been known to stop the brown river from flowin', if you catch my drift.

In Indonesia, snake fruit is as common as apples and oranges are in the Americas; they are a regular household item. Snake fruit grows on short barrel-like palm trees with large spiked stems, which can grow up to six meters long. The fruit sprouts off

the base of the palm tree in little clusters and can be eaten fresh, candied, pickled, canned, juiced, fried into chips, boiled with sugar into a sweet spread, or on the porch at 11 PM while listening to distant fireworks explode and swatting at mosquitos.

This has been Fascinating Fruit Facts—tune in next time to find out which fruit we'll be chatting about!

- Can our prime minister stay above his third strike?
 - What can people in the performing arts do when CERB is gone?
- ...and more

The return of reading

› Why an age-old past time should make a return

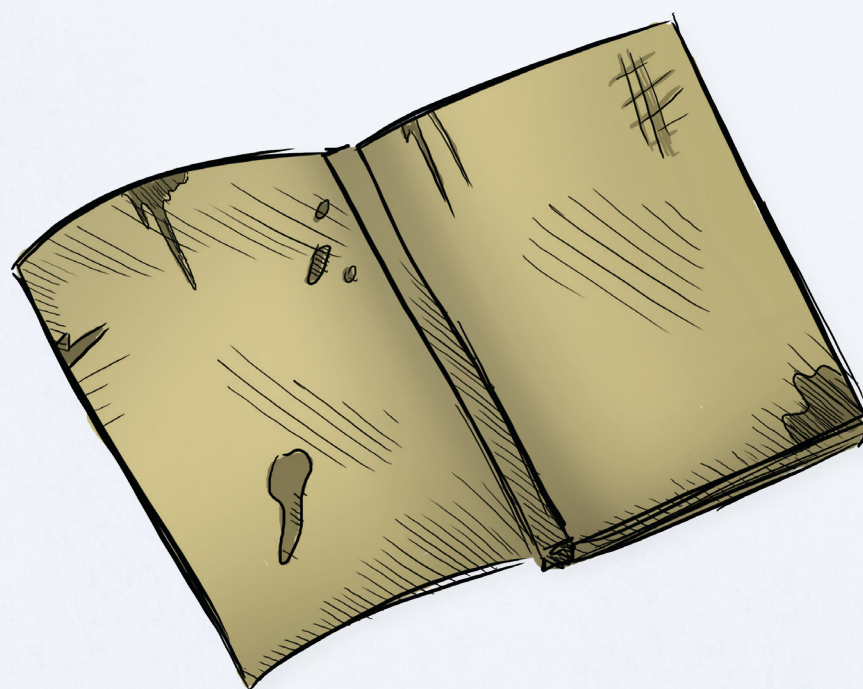


Illustration by Athena Little

Alexis Zygan
Contributor

There are seemingly far more ways to consume literature without having to purchase a physical copy these days. With a membership to Audible, you get one free audiobook book per month and an e-reader allows access to an entire library at your fingertips. Despite the innovations made in the marketing and distribution of books in order to compete with social media, video games, and YouTube, a BookNet study recorded that 81 percent of people had read a book in 2018, down from 84 percent from 2015. Since hobbies that depend on screens have begun to replace reading, more people must gravitate to YouTube or Instagram for a sense of community that is harder for readers to attain (unless you are part of a book club). Now, social media gives users the dopamine hit that keeps them coming back.

I think that as people become more aware of the harmful impact of prolonged screen time, they will gravitate to books to reverse any damage done to their attention-span. Those seeking the recommended eight hours of sleep should stop death-scrolling immediately, and instead, they should put their cell on silent and open a dusty book. Not only does reading aid rest, a 2009 University of Sussex study shows how reading results in a 68 percent reduction in stress and how the absence of blue light notifies the body of bedtime. It is

quite possible then, to limit stress with just 30 minutes of dedicated and uninterrupted reading.

However, I speculate that reading will resurface in popularity in the years to come, much the same way vinyl records have seen a resurgence. If trends go as I have predicted, people will be flocking to bookstores for the immersive experience lost in digital mediums. Novels allow readers the much-needed escapism from their modern-day reality and can be a soothing narrative to get through quarantine-induced depression. By opening a book, we can live vicariously through a protagonist and explore a different world, replete with a new identity and vision; the experience is similar to a video game, but without the destructive potential of a dopamine dependence.

For those who prefer physical books but are concerned with sustainability there are great options like used book stores or the free books located at one of the many “take a book, leave a book” mini-libraries scattered around the city. Vancouver Public Library is also offering a service where they curate a book list for readers based on their selected interests.

Books are a part of our cultural fabric; a Pew Research Centre study showed that people consume around four novels per year, with Canadians logging nearly six hours of reading each week, even though new book releases do not receive the same online buzz as YouTube drama. Humans are natural storytellers who seek to share their experiences with others and books are the most enduring way to share those stories.

Can our prime minister stay above his third strike?

› Weeks after the WE charity scandal, still no word on student grant program



“

I highly doubt that I am the only one who remembers that this is our Prime Minister's third ethics violation, and as a student, I am certainly interested in an explanation as to why a new program has been delayed or otherwise sidelined.

Matthew Fraser
Opinions Editor

In the months since Prime Minister Justin Trudeau's most recent scandal, little has been cleared and much has been said; though he and the Kielburgers testified in front of Parliament, and a severely redacted report was released, no hard and conclusive answers have been found. As a result, the opposition parties of the NDP and the Conservatives have continued relentless questioning and serious scrutiny of the Trudeau family affairs. Despite an attempt by the Conservative party to create a new anti-corruption committee, the Liberal government has been able to shield itself behind COVID-19 efforts and the threat of calling an election in the face of “non-confidence.”

During a press conference held on October 13, PM Trudeau did his best to put the controversy to rest, saying: “We will continue to stay focused on what we need to do to support Canadians facing a very difficult time right now. The Conservatives continue to want to focus on WE Charity. So be it.” Yet the student grant program that formed the impetus for this scandal is dead and gone, with few options left for students. The Canadian Federation of Students (CFS) has been vocal with their disappointment with the poor adjustments from the Trudeau government after the collapse of Canada Student Service Grant. CFS Chairperson Sofia Descalzi points out the failings by simply stating: “Students want the same support as everyone else to help them through this pandemic. Instead, they've been met with patchwork

programs.” In lieu of transferring the \$900 million originally promised to the WE foundation, the Trudeau government has chosen to shamefully let it sit in the government's coffers—neither expanding CESB nor working with other organizations to create a new and less corrupt program.

To make matters worse, in response to the Tories' attempts to setup a more robust anti-corruption committee, the Liberal government has threatened election every time it couldn't drag its feet. Granted, it's quite possible that the committee will be formed solely for partisan reasons, but I do think that there are a lot of Canadians that want to see a fair bit of accounting for the decisions made. The sacrifice of Morneau may have kept a little skin on PM Trudeau's behind, but it was not enough to assuage members of the public of any

favouritism or corruption from the Trudeau government. I highly doubt that I am the only one who remembers that this is our Prime Minister's third ethics violation, and as a student, I am certainly interested in an explanation as to why a new program has been delayed or otherwise sidelined. Even if the formation of this “anti-corruption committee” is partisan, its findings (and potential continued existence) are necessary for our democracy.

Every effort to filibuster and skirt the issue only makes PM Trudeau look more suspicious, and as much as I would like to put this scandal to rest with the snap of my fingers, I want to be confident that our leaders will be held to account for their actions and misdeeds. Some things should not be avoided or denied, especially in matters of credibility.

Illustration by Nhi 'Jenny' Vo

What can people in the performing arts do when CERB is gone?

› Putting money above people and craft



Photo by Arnaldo Fragozo

Angela Frye
Contributor

It was good while it lasted—collecting CERB instead of being a productive member of society in my fulfilling job in a field I love. It was good watching people return to work, knowing that I likely never would. Canada did some good with CERB. It was good having people think I should be doing something, forgetting there is a global pandemic that shuttered the entire performing arts industry. CERB gave me a tiny bit of leeway so I could feed myself and my son and try to figure out what to do now.

Now CERB is ending and I spend hours a day on hold trying to get my claim activated with EI. I am clearly not alone; thousands are also scrambling to get through as well. How will I feed myself? How can I pay my rent? What will I do now that my industry is gone? Now that CERB is gone? And what the eff is up with the BC booming housing market? Gross.

I am in my 50s and trying to pivot to a new career where I can use my lifetime of experience in another way. My son just

voted for the first time and is wondering if there is a point in going to school for the arts in the midst of a global pandemic... now that there is no support.

Many of my friends are doubling up: grown professionals moving back in with parents and wondering what to do. A whole generation of arts workers trying to find other work. The fun part of the pandemic is over. We are nearing winter and have seen rising COVID case numbers. The part where we could go outside and sit in a park six feet from our friends is over. The part where the government let us know that it had our backs is over. To me, some arbitrary number has been reached that has nothing to do with health or lives, but reflects the all-consuming interest of money, and we can't go that far into debt.

Think about the almighty dollar for a second—it is a construct. People need money so they can live. So, make some more money and give it to people. Let us continue to spend what we can and contribute to the economy. Keep us safe and keep us alive, don't let the people of this country fall through the cracks. That's what government should do.

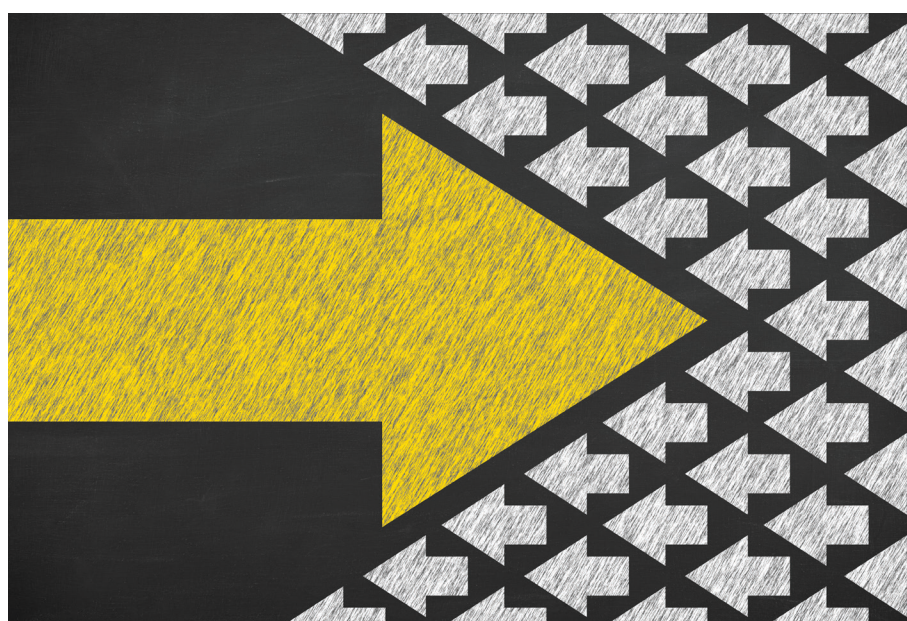
Have an opinion, unless it's different from mine

› Is thought-out disagreement as valuable as the consensus?

Craig Allan
Staff Writer

When people look back on the 2020s, coronavirus will be remembered the most—but, coming in second may very well be the polarization in opinion. Whether on race, government policy, or wearing a mask, there always seems to be two sides to every argument. However, not all sides are accepted equally. When people look to the past, they often talk about it as if it were a bastion of free speech and thoughtful discourse; while that may not be the case all the time, it does come off as a far more bipartisan time. Today though, thoughtful conversations feel distant and the world of opinions seems to be based around knee-jerk reactions that are only respected if the majority deems it so. With that, is there room in 2020 for someone to have an opinion that goes against the consensus?

One example in my life came a couple of months ago when *The Simpsons* announced that they were no longer going to have white actors voicing characters of colour—voice actors from other shows like *Family Guy* and *Big Mouth* also decided they were no longer going to voice characters of colour. There was wide praise for this decision, but I was not in that camp. I disagreed with it for various reasons, including the fact that animation voice staffs are regularly small with many



actors doing various voices out of necessity for the show, and voice actors of colour also often represent characters not of their race, like Phil LaMarr voicing Samurai Jack in the show *Samurai Jack* or James Earl Jones voicing Darth Vader.

With some time and a platform, I know I could put together an argument for this issue that makes my point heard without disparaging the other side or coming off as racist, but I would never do it simply because I don't feel comfortable going out and making that

kind of argument; unfortunately, I have to fear the repercussions. What if I make that argument as best I can, and no one is willing to accept it? What if just mentioning a side not favouring the status quo is found by a future employer who will judge me as possibly racist—despite the points I make? This may seem far-fetched, but I recently read an article about *Simpsons* voice actor Harry Shearer, who has voiced black characters on the show, stating his disagreement with the move towards requiring only actors of colour

voicing characters of colour. As someone who is in the industry, he would be a valuable contributor to this discussion, but one article I read covering his statement referred to Shearer as “voicing an opinion shared by many of his generation.” Why is he labeled as out-of-touch for simply stating his disagreement with an issue that directly concerns him?

I am a person who likes to look over an issue and see all sides of it. The ideal that I formed for myself to live by is this: never believe anything more than 99 percent as that way, your mind is always open to change. Today though, I feel like many people do not have a similar philosophy. I feel like if you disagree with the consensus, you can be labeled a racist, or a sexist, or any other “-ist” as a scarlet letter against your person. I should never fear giving my opinion on something, but I do. It can be difficult, especially with the point I brought up about white actors voicing characters of colour; when it happened, there were a chorus of Twitter- and comment-section-trolls with no research saying things like “Well, I guess you will have to get yellow people to do *The Simpsons* voices,” or “I guess only an Italian can do Luigi's voice.” But, if someone does the research and puts together a thought-out opinion that is against the current, I believe that they deserve a platform to be heard without labelling or judgement.

- Halloween costumes for the aloof college student
 - Food wearing halloween costumes
 - Tattoo Guns
- ...and more

Halloween costumes for the aloof college student

› I guess you've earned your participation mark



Illustration by CJ Sommerfeld

Richard Dick
Senior Columnist

When high school ended so did any genuine effort or joy you had for Halloween. Once free candy was out of the picture so was any of your interest; also, your mom can't handmake beautiful costumes for you now that you've metamorphized into a too-cool-for-post-secondary-school student. You want the extra credit your quirky prof is

going to give out for wearing a costume to class, but you're reserving the unveiling of your politically topical and totally slutty costume for a collection of selfies on the 'gram. Or perhaps you are attending a Halloween gathering and need to do the bare minimum to avoid "where's your holiday spirit" jabs. Whatever reason you have for wearing such a crappy costume, the *Other Press* is here with a costume guide to all the best "it totally qualifies as a costume" costume options available!

A dishevelled onesie

Onesies are the perfect lazy costumes. If you've got a onesie you're comfortable sleeping in, even better; stains add authenticity to this Halloween costume. This communicates the exact level of where you've been at for awhile. Deteriorating butt flaps and moist plush slippers that look like animal feet also add a level of grotesqueness fitting of this spooky holiday. Truly disgusting.

Pun costumes

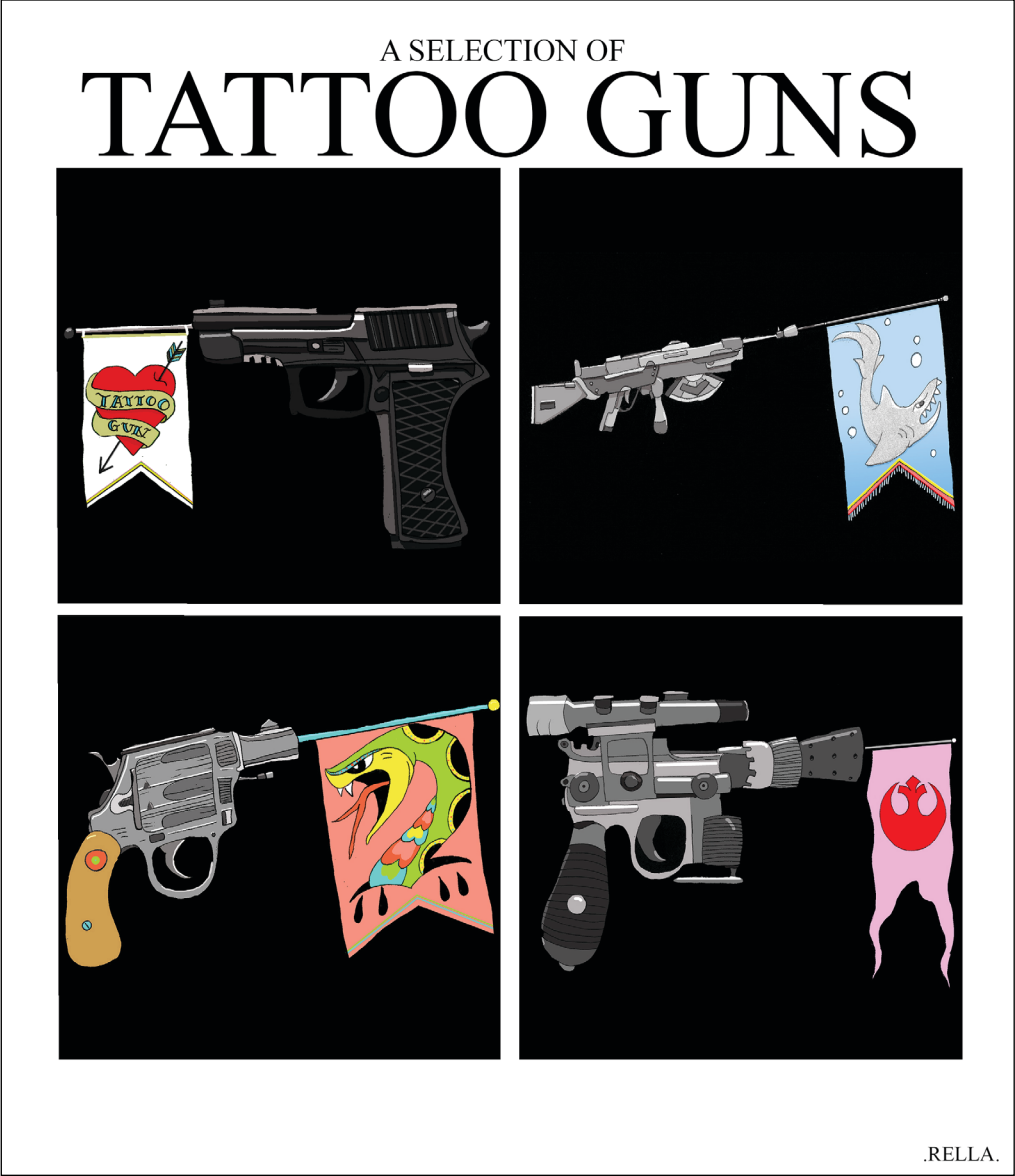
You probably fancy yourself the Chandler of the group—and everyone agrees with that sentiment. You're a little bit funny and a little bit lazy, but mostly you just don't want to completely mail it in. Somehow, you think your "formal apology" qualifies for adult table rights.

Bedsheet-centric costume

Girl put your records on, wash those cum stains gone—and *viola!* You've got yourself a costume.

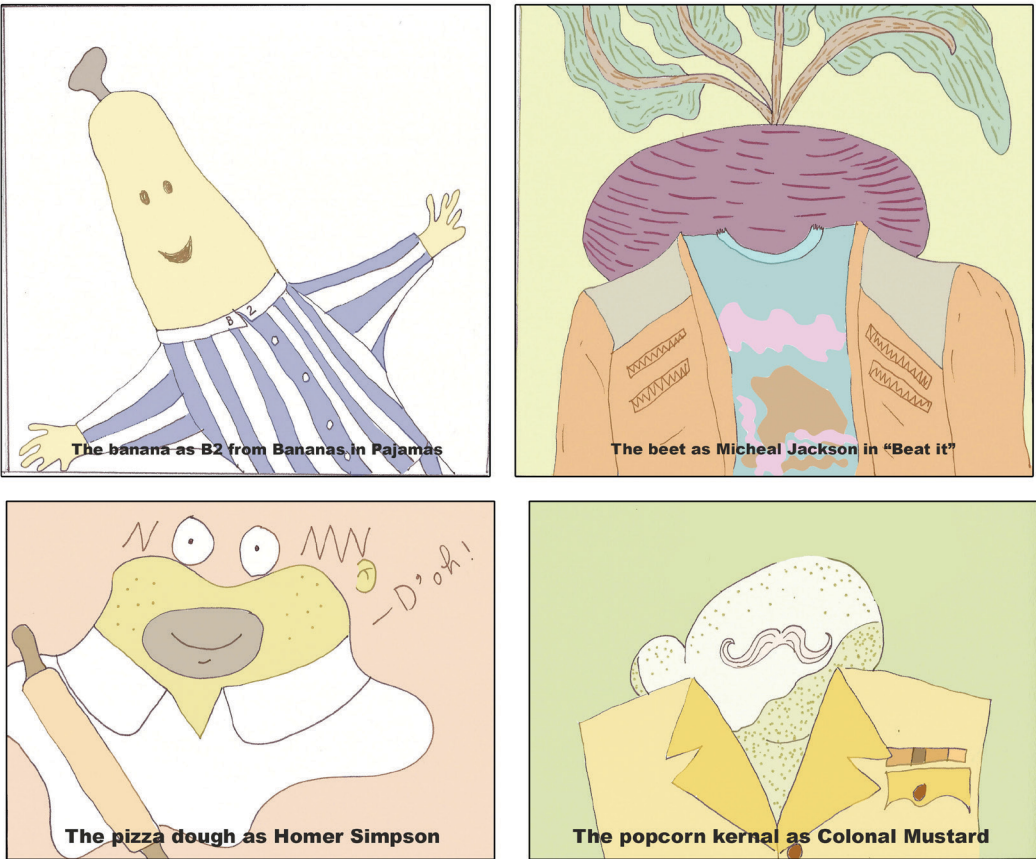
COMICS

Tattoo Guns



Comic by Nova Sawatsky

Food wearing halloween costumes



Comic by CJ Sommerfeld

COMICS

**Back when we could
do a million things before 4pm**



Wake at 6am



**Extra
curriculars
at 4pm**



School at 7am

NOW



CREATIVE WORKS

omen

CJ Sommerfeld
Staff Writer

Leave out a bowl of candy for nostalgia
Single Reece cups, and a not so big Mr. Big
Chupa-Chups with gum in the middle
Dad throws them in the trash
The poisoned candy I put a spell on you
Syncopated notes: I myths resonate
Winona before The Upside Down
Sole understanding of the handbook
For the recently diseased
Leave out a bowl of candy for nostalgia
Eyes on Much Music scary movie a thon
Chewing Hubba Bubba Bubble Jug
Measuring fingers with Bubble Tape
With a Push Pop on your thumb
Its glass aesthetic reminding you to
Leave out a bowl of candy for nostalgia

CREATIVE WORKS



Illustration by Sonam Kaloti

hard to miss

Sonam Kaloti
Arts Editor

words can't tell you how I feel
that is just the deal I made
when you gave me it all and I was too afraid
I'd never find someone else

oh, I might be going to hell for this
but you were so hard to miss

sunlight streaks through your hair
we're growing older, I don't care
I'll still shine your shoes, I'll carry the bags
never thought I'd be the one to drag you close by
my eyes still sparkle, and you wonder why

I can't speak
I can't say
what's been running through my mind all day
but that's just the deal I made
when I was too afraid
that I'd never find someone else

oh, I might be going to hell for this
but you were so hard to miss

CROSSWORD

Weekly Crossword: Something's missing

Caroline Ho
Contributor

ACROSS

1. Norse god beheaded by the Vanir
6. Fellow
10. Ancient Levantine kingdom
14. Make up (for)
15. The Persistence of Memory painter
16. Title
17. Leave a mark
18. Mob action
19. Astounds
20. Tolkien's epic
23. Scent
24. Test metal
25. Get payback for
28. Name of twelve Roman Catholic popes
30. Crowd
31. Butter alternative
33. Church recess
37. Winglike structure
38. A noble gas... and a hint to 20- and 51-across and 4- and 10-down
39. Author Gaiman
40. They're off when outcomes become uncertain
41. A printer colour
42. Type of leukocyte that's vital in the immune system
43. Boast
45. Death, en español
46. When the balcony scene in Romeo and Juliet occurs
49. Yoga pose
51. Smilodon, colloquially
57. Missing, to the military
58. Musician Ora
59. Equestrian
60. Repair
61. Short piece
62. Chinese or Cambodian, e.g.
63. Fateful day in March
64. Type of dining
65. Set aside
36. French fashion magazine
38. High card
42. Tree-sparse biomes
44. High, in slang
45. Fannie ____
46. "Same here."
47. Called like a crow
48. Steak cut
49. Uppermost level, often
50. Form
52. Killer whale
53. Unctuous
54. Prefix for "-matic" or "-syncratic"
55. Equipment
56. Sea eagle (alt. sp.)

DOWN

1. Ship spar
2. Longing
3. Pout
4. Poem often read on Remembrance Day
5. Cast anew
6. Floppy successor
7. City in Israel
8. Scads
9. Spongy citrus part
10. Da Vinci or Michelangelo, e.g.
11. Registers, with "on"
12. Last Greek letter
13. Disordered
21. Buck's mate
22. Contents of la mer
25. *Moby-Dick* captain
26. Small rodent
27. "Quod ____ demonstrandum"
28. Lowly labourer
29. Charged bit
31. Antelope genus
32. JFK alt.
34. Look closely
35. Sediment

Previous solution

H	E	R	E		S	U	B				C	H	O	W
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DOUGLAS STUDENTS' UNION

**VIRTUAL
OMBUDSPERSON
DROP-IN SESSION**

UPCOMING DATES:

OCTOBER 27 - 10AM-12PM

NOVEMBER 12 - 1PM-3PM

NOVEMBER 17 - 10AM-12PM

NOVEMBER 26 - 1PM-3PM

ON ZOOM! - LINK ON WEBSITE